



OLWEUS[®]

BULLYING PREVENTION PROGRAM



Why must Penns Manor implement this program?

- Penns Manor will begin to implement the Olweus program for the following reasons.
- In 2008 the “Bully Bill” was passed.
- This bill mandates that every district in PA must document incidents of bullying and the actions taken.
- Each district is responsible for including anti-bullying rules within its code of conduct.

When is an individual considered to be bullied?

“ Bullying is when someone repeatedly and on purpose says or does mean or hurtful things to another person who has a hard time defending himself or herself.”

Forms of Bullying

- Verbal
- Emotional
- Physical
- Cyber Bullying

The Goals of the Olweus Program

- Reduce existing bullying problems among students.
- Prevent the development of new bullying problems.
- Achieve better peer relations at school.

How we will achieve these goals at Penns Manor

1. Involvement is needed on the part of everyone in the school.
2. Consequences have been set for unacceptable behavior. (Found in the student discipline code)

Consequences for Bullying

- Level II – Student Discipline Code
Detention
- Level III – Student Discipline Code
In-school Suspension

Students Who Bully Tend To...

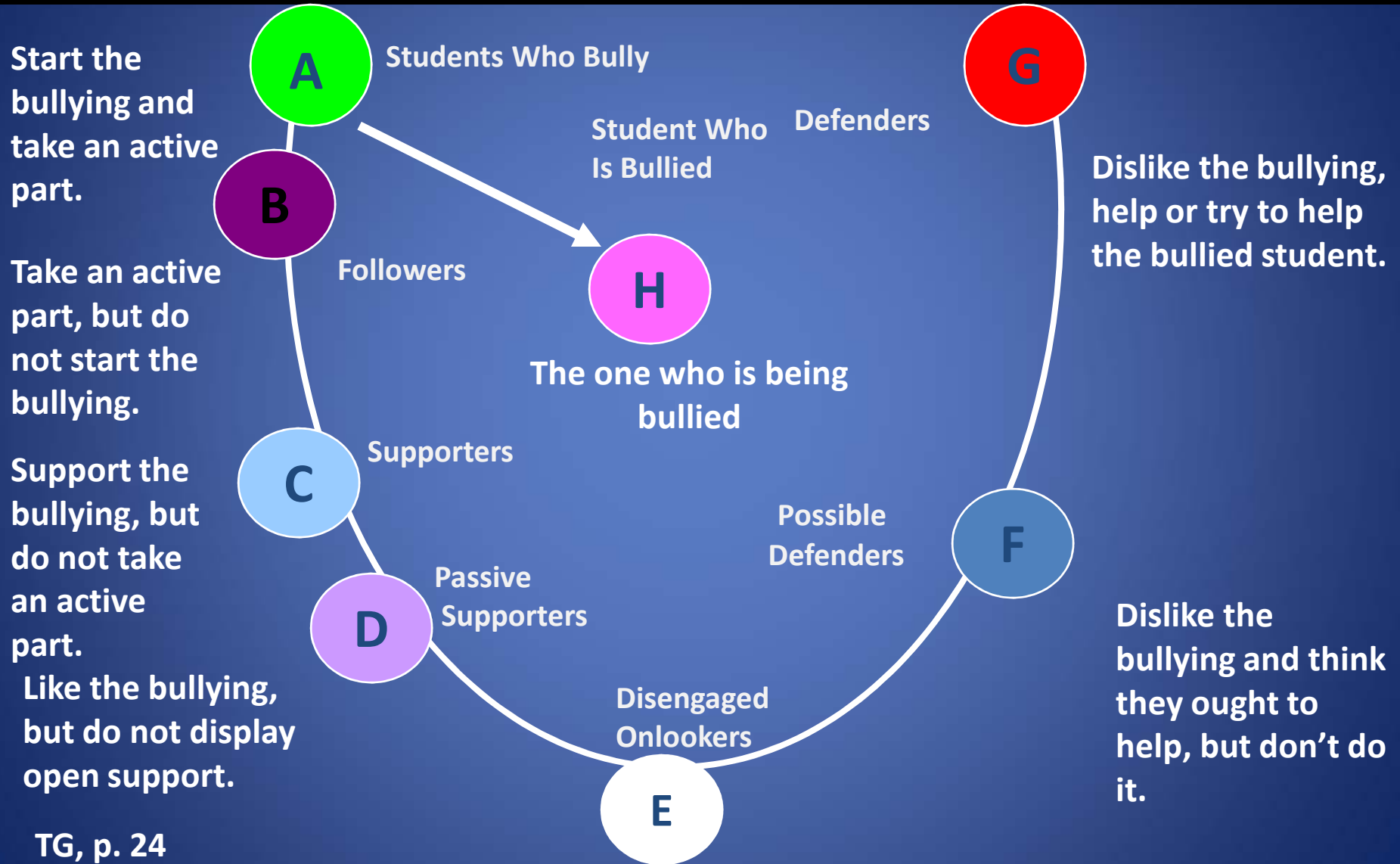


- Have positive attitudes toward violence
- Be impulsive and have quick tempers
- Show little empathy for victims
- Be aggressive to adults
- Be involved in other antisocial or rule-breaking activities
- Be physically stronger than peers (boys)

Why do Students Bully?

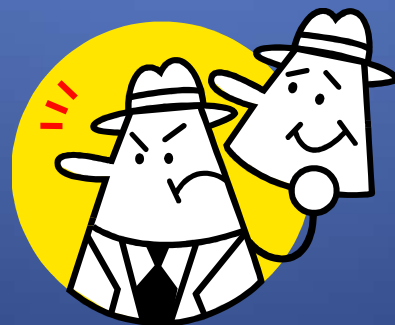
- Like to dominate others in a negative way
- Gain satisfaction from inflicting injury and suffering
- Receive “rewards” by bullying others (prestige, attention, possessions)

What Roles Do Students Play In Bullying Situations?



Group Bullying

- Rumors
- Exclusion
- Name Calling
- Put Downs



PENNS MANOR OLWEUS SURVEY RESULTS

4. How often have you been bullied at school in the past couple of months?

	Girls		Boys		Total	
	n	%	n	%	n	%
Haven't been bullied	108	67.1%	129	70.1%	237	68.7%
Once or twice	33	20.5%	39	21.2%	72	20.9%
2-3 times a month	8	5.0%	7	3.8%	15	4.3%
About once a week	5	3.1%	3	1.6%	8	2.3%
Several times/week	7	4.3%	6	3.3%	13	3.8%
Total	161	100.0%	184	100.0%	345	100.0%

21 How often do other students try to put a stop to it when a student is being bullied at school?

	Girls		Boys		Total	
	n	%	n	%	n	%
Almost never	40	25.0%	66	35.9%	106	30.8%
Once in a while	45	28.1%	48	26.1%	93	27.0%
Sometimes	52	32.5%	44	23.9%	96	27.9%
Often	14	8.8%	18	9.8%	32	9.3%
Almost always	9	5.6%	8	4.3%	17	4.9%
Total	160	100.0%	184	100.0%	344	100.0%

23. When you see a student your age being bullied at school, what do you feel or think?

	Girls		Boys		Total	
	n	%	n	%	n	%
Probably deserves it	5	3.1%	22	12.1%	27	7.9%
Don't feel much	8	5.0%	45	24.7%	53	15.5%
Feel a bit sorry	47	29.2%	52	28.6%	99	28.9%
Feel sorry and want to help	101	62.7%	63	34.6%	164	47.8%
Total	161	100.0%	182	100.0%	343	100.0%

19. Have you told anyone that you have been bullied in the past couple of months?

Computational basis: Those bullied "2-3 times a month" or more according to question 4

	Girls		Boys		Total	
	n	%	n	%	n	%
Been bullied/not told	4	20.0%	4	25.0%	8	22.2%
Been bullied/ told somebody	13	65.0%	10	62.5%	23	63.9%
Who have you told?						
Your class teacher	2	10.0%	2	12.5%	4	11.1%
Another adult at school	5	25.0%	2	12.5%	7	19.4%
Your parent(s)/guardian(s)	9	45.0%	5	31.3%	14	38.9%
Your brother(s)/sister(s)	1	5.0%	2	12.5%	3	8.3%
Your friend(s)	12	60.0%	7	43.8%	19	52.8%
Somebody else	5	25.0%	1	6.3%	6	16.7%
Total	20		16		36	

If you see bullying or if you are being bullied, you should report it to a teacher, counselor, or the principal as soon as possible.

Classroom Meetings

- We will conduct our classroom meetings once a week on Friday mornings.
- The meetings will be held during an extended homeroom period (7:45-8:02).
- This is not an activity period or a study hall time.

What do students learn in Classroom Meetings?

- Bullying and related topics will be discussed.
- Forms of bullying
- Preventative measures
- Roles students can take in bullying
- Consequences of bullying
- Understanding the rules of the program
- What students should do if bullying happens to them
- Who a student should talk to if bullying occurs

Penns Manor Anti-Bullying Rules

- We will not bully others.
- We will try to help students who are bullied.
- We will try to include students who are left out.
- If we know that somebody is being bullied, we will tell an adult at school and an adult at home.