

Date: Friday, Dec. 4, 2009

Introduction (Interest Approach/ Anticipatory Set):

1. Review any overall items from program overview – Power Point

Remind students that bullying is being mean or hurtful on purpose, it happens over and over again, and it involves an imbalance of power. Younger students may only understand this imbalance of power as a bigger-smaller issue.

With older students, help them understand that there can be an imbalance of power that has to do with social status or power within a peer group too.

2. Review class meeting established rules

Objective(s):

1. Students will be able to state and follow the first rule of Penns Manor Anti-Bullying Program.
2. Students will gain an understanding of “just having fun” versus bullying.

Description of New Lesson Taught (One or Two Sentences):

1. Review class meeting rules.
2. Present Rule #1 of the Penns Manor Anti-Bullying Rules

We will not bully others.

- A. After stating the rule, identify the difference between teasing and having fun versus bullying.

1. Ask and let a few respond to
 - a. How many of you have ever teased someone or been teased by someone in a way that was in fun and not bullying?
 - b. How many of you have ever been teased by someone in a way that hurt your feelings and was not fun?
 - c. How can teasing turn to bullying?

Explain that sometimes teasing goes too far and people’s feelings get hurt. Sometimes “it was just for fun” or “I was just kidding” is an excuse that students use when bullying others. If someone’s feeling are hurt by teasing or name-calling; then it isn’t “in fun”—it’s bullying. Emphasize that the student who is targeted generally is entitled to determine if he or she is being treated unfairly or not. Explain that everyone

has a right to their feelings, and it's important to let others know that you don't like what they're doing and you expect them to stop.

2. Summarize your discussion by saying that everyone in your school is learning about this rule. This rule applies everywhere at school. No matter where students are—in this classroom, in the hallways, in the lunchroom, restrooms, or athletic fields. This rule applies everywhere. It also applies on school buses. Let students know that all school staff will be enforcing this rule. Explain the negative consequences that will occur if bullying is seen or reported. Talk about the positive consequences that will happen if students take a stand against bullying.
3. Again, review Rule #1: **We will not bully others.**

Assessment to be used:

1. Observation
2. Students can state the Anti-Bullying Rule #1.

Next Meeting: Anti-bullying Rule #2