

Date: Friday, Dec. 18, 2009

Introduction (Interest Approach/ Anticipatory Set):

1. Review class meeting established rules if necessary.
2. Review Rule #1 by asking someone or the class to state rule #1

Objective(s):

1. Students will be able to state and follow the second rule of Penns Manor Anti-Bullying Program.

Description of New Lesson Taught (One or Two Sentences):

1. Review Rule #1 of the Penns Manor Anti-Bullying Rules - **We will not bully others.**
 - A. Say: **Today, we'll be talking about the second anti-bullying rule. Who remembers the first rule?**
Rule 1: We will not bully others.
2. Ask: **Who can define bullying for us? What are some examples of bullying?**
Allow several students to respond.
3. Ask: **Do you remember the second anti-bullying rule that was talked about at our school's kick-off and appear on the posters throughout the school and in your handbook?**
 - A. **Rule 2: We will try to help students who are bullied.**
4. Ask: **What are some ways you could help students who are being bullied?**
Allow several students to respond. If they don't mention the following, add them as well:
 - A. Intervene directly by telling the student who is doing the bullying to stop.
 - B. Get help from an adult.
 - C. Be a friend. Stand alongside the person who is being bullied.
 - D. Don't join in on the bullying.

Stress that getting help from an adult may be the best option, particularly if students think they may also get hurt by trying to stop the bullying. Explain that if bullying is reported, you and all other school staff will be taking action.

Note: If students say it would do no good to tell an adult or it would be “tattling,” explain that all adults in the school want to know about bullying and will do something about it. Also emphasize that telling an adult is not “tattling”; it is being a good friend and member of this school.

Assessment to be used:

1. Observation
2. Students can state the Anti-Bullying Rule #2.

Next Meeting: Anti-bullying Rule #3