

Date: Friday, Feb. 5, 2010

Introduction (Interest Approach/ Anticipatory Set):

1. Review class meeting established rules if necessary.
2. Review Rule #1, #2, and #3 by asking someone or the class to state rule #1, #2, #3

Objective(s):

1. Students will be able to state and follow the fourth rule of Penns Manor Anti-Bullying Program.

Description of New Lesson Taught (One or Two Sentences):

1. Say: Today, we'll be talking about the fourth anti-bullying rule. What is the first anti-bullying rule?

Rule 1: We will not bully others.

2. Say: What is the second anti-bullying rule?

Rule 2: We will try to help students who are bullied.

3. Say: Who remembers the third antibullying rule? What does this rule mean?

Rule 3: We will try to include students who are left out.

4. Ask: Has anyone tried to help include someone who was left out this week?
A. Remind students not to mention names.

5. Ask: What is the fourth and final anti-bullying rule that was discussed in our school's kick-off assembly?

Rule 4: If we know that somebody is being bullied, we will tell an adult at school and an adult at home.

6. Ask: Think for a moment to yourselves . . . which adult(s) at school could you talk to if you or another student is being bullied?

Remind students that every adult in your school has pledged to take bullying seriously and to do something about it if they are told it is occurring.

7. Say: Sometimes students believe that telling an adult will make things worse for the person who is being bullied or they think that telling an adult is "tattling."

8. Ask: Do you think that most students who are bullied actually tell someone? Who are they most likely to tell?

Explain that a lot of students don't tell an adult when they are bullied they tell another student, and then the bullying doesn't stop.

9. Ask: Why do you think students who are bullied often don't tell anyone?

Allow several students to respond. If students say that adults won't do anything, remind them that now they will at your school.

10. Summarize the discussion by reminding students that telling an adult is not "tattling", but keeping someone safe.

11. Remind students that during class meetings, you have asked students not to use other students' names when talking about bullying. This does not mean you don't want to do anything about bullying. As has been mentioned in your class meeting rules, it is important for students to report bullying, but you encourage them to do so with you or an adult individually.

Assessment to be used:

1. Observation
2. Students can state the Anti-Bullying Rule #4.

Next Meeting: Feb 19, 2010